

# CAMBRIAN PATROL

## Useful points for international units

Listed below are some useful points that should enable you and your patrol to deploy to the UK with the minimum effort: -

1. **Clearance.** Ensure you have clearance to attend the exercise from your higher formation.
2. **British Hosting Unit.** A British unit will look after your patrol whilst they are in UK. Every attempt will be made to get your patrol as close to Wales as possible (however this is not always possible and you may find yourself as far North as Yorkshire). Your unit will be contacted before September to sort out all the finer details for hosting (If your unit is affiliated with a British unit it is worth contacting them yourselves to see if hosting is possible).
3. **Accommodation.** Your host unit will provide accommodation for your patrol before and after Cambrian. Standards will vary dramatically. You may be in Barrack accommodation or bunked up in one large room on camp beds. Accommodation will be free of charge.
4. **Feeding.** The British Army has now moved to a system called "Pay as You Dine". The estimated cost for 3 meals a day for 1 individual is £6. Feeding your troops during the Exercise will be free.
5. **Time in UK.** Ideally your patrol should arrive with its host unit no more than 4 days before your start date. You should aim to leave you host unit 2 to 4 days after your patrol has finished the exercise (R & R is your own responsibility).
6. **Arms.** For safety reasons no international unit is allowed to bring their own weapons. Your host unit will supply your patrol with weapons plus the required training to operate them.
7. **Kit & Equipment.** Listed at Annex A is a provisional kit list. This should help you start to prepare (a confirmed list will be issued to you in September).
8. **Communications.** You will be issued 2 x Satellite telephones (and ballast to make up the equivalent weight of the radios the British patrols carry) when you arrive on the start point of Cambrian. You will also be given instruction and the information you need to know to operate these telephones at the start point.
9. **Transport.** If your patrol elects to fly or cannot bring your own transport your host unit will also provide this for you. Note: It is your responsibility to get your patrol to and from your hosting unit.
10. **Pre – Training.** A Post Exercise Report from Cambrian Patrol and a DVD will be sent to you, which will give you a feel for the exercise. If you or your unit has not entered the patrol before try to speak to someone from your country that has previous experience of the exercise (names and addresses can be supplied if required). Cambrian Patrol is an arduous exercise therefore the minimum skills your patrol will require are the following:-
  - a. Be motivated.
  - b. Start and finish with 8 patrol members.
  - c. Have a strong leader and 2<sup>nd</sup> in command who can navigate both night and day using a map and compass.

11. **Tactics.** You should use your own tactics and drills whilst on the exercise (our instructors are aware of this and will mark accordingly).

12. **Joining Instructions.** You will receive a full set of comprehensive joining instructions at the end of August.

Close communications with this office will ensure you are well prepared and ready to start the exercise. Do not hesitate to contact me if you have any questions or problems regarding the exercise.

WO1 B Pratt MBE  
160 (W) Bde Training Warrant Officer

## **EQUIPMENT AND CLOTHING LIST**

1. **Introduction.** This list stipulates the essential items for the effective functioning of an extended patrol. Units should however note that one of the points from the CP 07 and 09 Post Exercise Reports was the tendency of many patrols to carry unnecessary weight.

### 2. **Kit List.**

a. **Forbidden Items.** Mobile telephones and GPS (Global Positioning System) are not to be carried/used during the exercise.

b. **Weapons.** Patrols are to be armed with:

- (1) 6 x Rifles (Provided by host unit).
- (2) 2 x Light Machine guns (Provided by host unit)

c. **Individual Equipment.** Mandatory items are:

(1) **Dress.**

- (a) Combat Suit - temperate, arctic, tropical;
- (b) Shirt - green, Norwegian, tropical;
- (c) Black issue boots;
- (d) Waterproofs;
- (e) Warm Top (Jersey Heavy Wool, Green fleece, Softie Jacket, Fleece);
- (f) Helmets. All troops are to carry helmets. The tactical situation will dictate whether these should be worn. Patrols found not wearing these items when required will be deducted points; hence they should be easily accessible. When helmets are not worn, applicable head dress should be worn.

(2) **Bergen.** Bergen as issued or equivalent. It is to contain:

- (a) Spare clothing: shirt/trousers (as above), socks, gloves, warm hat.
- (b) 24 hr ORPs/MREs sufficient for a 48 hr Exercise - to be supplied by own Unit. NB: Patrols must provide their own rations.
- (c) Survival bag (6 ft/2m polythene bag) or bivvie bag.
- (d) Sleeping bag - a minimum of 6 per patrol.
- (e) Poncho - a minimum of 4 per patrol.

- (3) **Webbing.** It is to include:
- (a) Wire cutters or Infantry bayonet.
  - (b) Water bottle (full).
  - (c) Respirator haversack.
- (4) **Miscellaneous.** Miscellaneous items to be carried by each member of the patrol:
- (a) Torch, with batteries and red filters.
  - (b) Identity Card.
  - (c) Whistle, Watch and Silva Compass or equivalent.
  - (d) Ear defenders.
  - (e) 20m para cord.
- (d) **Patrol Equipment.** In addition to the individual clothing and equipment listed above, the patrol is to carry the following:
- (1) Maps x as issued.
  - (2) Night sights x 2.
  - (3) Binoculars x 2.
  - (4) Radios: International patrols will be issued 2 x Satellite Telephones at the start point of the exercise. Note: ballast will also be issued with these telephones to make up the weight British patrols will be carrying with their issue radios
  - (5) Tactical Aide Memoir (International equivalent)
  - (6) Helicopter Panel.
  - (7) Digging Tools x 2.
  - (8) Protractor and Prismatic Compass x 2.
  - (9) High Visibility/Reflective vests x 2.
  - (10) Section First Aid Bag.
  - (11) PRR (personnel roll radios) if issued (optional).